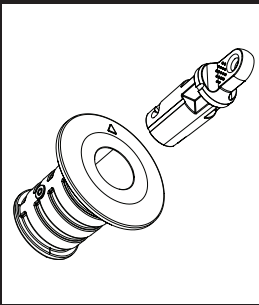




Aguagevity Agualock

Owner's Manual



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IMPORTANT SAFETY INSTRUCTIONS



READ AND FOLLOW ALL INSTRUCTIONS

NOTICE - Aguagevity products must be installed in accordance with Hayward's written instruction manual and in conformity with applicable federal, state, local and swimming pool industry building and safety codes.

▲ WARNING - This product must be installed and maintained by an installer who is licensed and qualified in pool equipment by the jurisdiction in which the product will be installed. It is important that all of the instructions in this manual be followed. Before installing and using this product, read and follow all warning notices and instructions in this manual. Failure to follow warning notices and instructions may result in property damage, personal injury, or death. Improper installation and/or operation may void the warranty. **DO NOT MODIFY THIS EQUIPMENT!** Improper installation and/or operation can create unwanted hazard which can cause serious injury, property damage, or death.

ATTENTION INSTALLER - This manual contains important information about the installation, operation and safe use of this product. **PRIOR TO INSTALLATION**, review all information and warnings contained herein and consult the manufacturer with any questions. Give this information to the owner/operator of this equipment after completing installation.

▲ WARNING - Consultation with a Healthcare Professional. It is crucial to consult with a physician or qualified healthcare professional prior to starting any new physical workout routine, including exercises that involve using resistance bands in a swimming pool. This consultation should assess your specific health conditions, physical limitations, and fitness goals to ensure that the chosen exercise program is safe and appropriate for you.

▲ WARNING - To reduce the risk of potentially serious injury, adhere to the following instructions:

Risk of Injury: Engaging in physical exercise, particularly in a swimming pool, carries inherent risks including but not limited to the risk of physical injury. Users should proceed with caution and always prioritize safety.

Proper Use: This product must be used only as directed in this manual. Incorrect or improvised usage could lead to injuries. Follow all guidelines for setup, use, and maintenance to ensure a safe workout environment.

Equipment Inspection: Thoroughly inspect this product, especially the resistance bands, for any signs of wear, tear, or damage before each use. Discontinue use immediately if any defects are found because damaged equipment can fail during use and lead to injury.

Environment Safety: Confirm that the swimming pool and surrounding area are conducive to safe exercise. The pool floor should be stable and non-slip, and the water should be at a depth suitable for the exercises you intend to perform. See the included Workout Guide for suggested workout locations. Be mindful of the presence of other swimmers and potential hazards.

Adult Supervision and Safety in Numbers: It is strongly recommended that individuals do not exercise alone in a swimming pool, especially those with known health risks or conditions that could lead to an increased risk of injury or drowning. Always ensure that a capable adult is present or exercise in the company of others to provide assistance in case of an emergency.

Children ages 7 or younger must never use the Agualong or its accessories. Children ages 8-13 may use this product only with direct adult supervision. Children ages 14 and older may use this product without adult supervision.

▲ WARNING - To avoid risk of potential serious injury:

- Consult your healthcare provider before using Aguagevity Agualong and its accessories. The provided exercise tips are guidelines only.
- Never release a resistance band while under tension. Doing so can cause the band to snap back towards a user and cause injury, including to the head and eyes.
- Wear eye protection when handling resistance bands.
- Ensure the exercise area is open and free of objects and tripping hazards.
- Before beginning exercise, ensure you have a secure grip on the band handle.
- For exercises that require a cuff, ensure the cuff is securely attached around your ankle before beginning exercise. Verify the cuff is secured to the band and the band is secured to the clip anchor.
- If you are experiencing discomfort, perform exercises without the product and reintroduce product once you are comfortable.
- Begin all exercises slowly to confirm or ensure band strength. Only use bands with a resistance level where you can safely perform exercises with proper form.
- Maintain proper balance, posture, and breathing during exercises. Refer to the included Workout Guide for guidance.
- Stop exercise immediately if you experience dizziness, trouble breathing, increased pain, nausea, or any discomfort. Contact your healthcare provider immediately.
- Do not exercise if you are experiencing any pain.
- Never use this product to lift a person or heavy object above the ground or to support your full body weight.
- Avoid jerking the band.
- Always attach and use the appropriate handles or cuffs to the bands when exercising. Never hold directly onto the band or clip during exercise.
- Inspect bands and handles before and after every use for any damage such as cuts, nicks, scratches, cracks, punctures, or anything that may indicate weakening of the band. If any flaws are found, do not use the band and discard it. Do not attempt to repair a compromised or damaged band.
- Avoid using bands around sharp objects and immediately discard the band if damaged. Sharp objects such as jewelry, rings, or fingernails may puncture or tear the band.
- Ensure the clip anchor is secure throughout the exercise. A broken or unsecured resistance band may cause a user to fall or become seriously injured.
- Never stretch a resistance band more than 2.5 times its length.
- Resistance bands are not toys; they should never be used for any activity other than the exercises for which they were designed.
- Never use a band from outside the pool. The clip anchor could release from the collar and snap back towards the user, causing injury.
- Only install and use the Agualong and its accessories in the shallow end of the pool.

SAVE THESE INSTRUCTIONS

LEGAL DISCLAIMER

Liability Waiver: By choosing to use this product within a swimming pool, you voluntarily assume all risks related to such activities. You also agree to release and hold harmless Hayward Industries Inc., along with its affiliates, officers, employees, and agents, from any claims or liabilities resulting from injuries or damages incurred during the use of this product or while following exercise routines described in this manual.

No Guarantees of Safety or Effectiveness: Hayward Industries Inc. provides no warranty, expressed or implied, regarding the safety or efficacy of using this product in a swimming pool. Individual results of using this product will vary, and success is dependent on factors such as effort, consistency, and adherence to safety guidelines.

Adherence to Laws and Regulations: It is the user's responsibility to ensure that use of this product in a swimming pool is in full compliance with all applicable laws, regulations, and swimming pool policies.

Limitation of Liability: In no event shall Hayward Industries Inc. be liable for any indirect, punitive, incidental, special, or consequential damages arising out of or in any way connected with the use of this product or participation in the exercises recommended in this manual, whether based in contract, tort, negligence, strict liability, or otherwise.

Acknowledgment of Risks and Terms: By using the this product for pool exercises, you acknowledge having read and understood this warning and legal disclaimer. You recognize the risks associated with these activities and agree to accept all responsibilities for your safety and well-being.

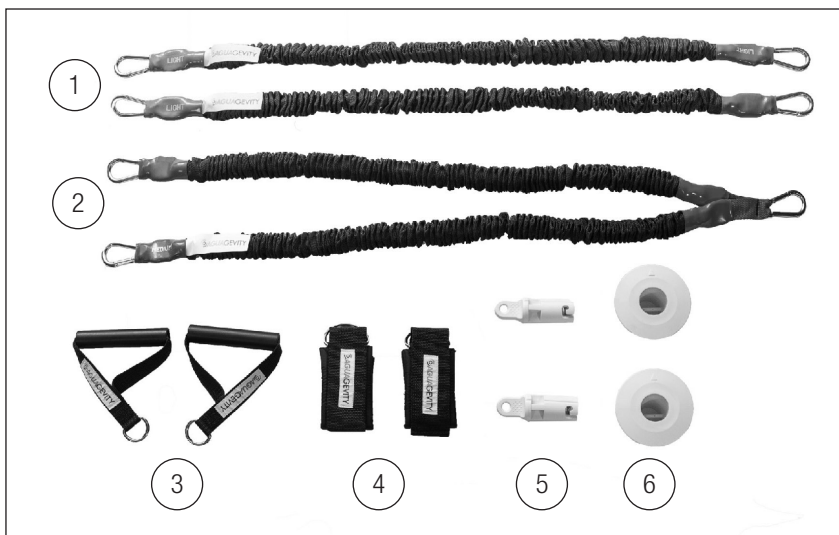
Overview

The Aguagevity Agualock system is a groundbreaking, two-component innovation designed to transform any swimming pool into a multifunctional space that supports a range of fitness and leisure activities. The fixed collar installs directly into the pool shell to maintain system functionality and stability.

What's Included

The Aguagevity Agualock system includes a collar, installed into the wall of the pool, and a clip anchor to attach an assortment of products. For a complete list of available products, visit www.aguagevity.com

NOTE: Exact product contents will vary based on the package purchased.



Item No.	Description
1	Straight Bands
2	V Band
3	Handles
4	Cuffs
5	Clip Anchors
6	Collars

Available Kits and Accessories

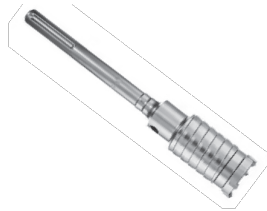
SKU	Description	Qty.
SPBWH1K	White Builder Kit (1 Clip Anchor, 1 Collar, 1 V Red Band, 2 Handles, and 2 Cuffs)	1
SPBGR1K	Gray Builder Kit (1 Clip Anchor, 1 Collar, 1 V Red Band, 2 Handles, and 2 Cuffs)	1
SPBWH4K	White Builder Kits (4 Clip Anchors, 4 Collars, 2 Green Straight Bands, 1 Red V Band, 2 Handles, and 2 Cuffs)	1
SPBGR4K	Gray Builder Kits (4 Clip Anchors, 4 Collars, 2 Green Straight Bands, 1 Red V Band, 2 Handles, and 2 Cuffs)	1
SPBWHFA	White Collar and Clip Anchor	1
SPBGRFA	Gray Collar and Clip Anchor	1
SPR4GR	Gray Clip Anchor Kit	4
SPR4WH	White Clip Anchor Kit	4
SPRBKVA1	Resistance Band Kit - V (4 Bands, 2 Cuffs, 2 Handles)	1
SPRBKSA2	Resistance Band Kit - Straight (4 Bands with 2 Cuffs and 2 Handles)	1
SPRBVLS2	Very Light (Orange) Straight Band	2
SPRBLS2	Light (Green) Straight Band	2
SPRBMS2	Medium (Red) Straight Band	2
SPRBHS2	Heavy (Blue) Straight Band	2
SPRBV1	Very Light (Orange) V Band	1
SPRBL1	Light (Green) V Band	1
SPRBM1	Medium (Red) V Band	1
SPRBH1	Heavy (Blue) V Band	1
SPRBK12WH	Complete Straight and V Band Kit (12 White Clip Anchors, 2 Handles and 2 Cuffs)	1
SPRBK12GR	Complete Straight and V Band Kit (12 Gray Clip Anchors, 2 Handles and 2 Cuffs)	1
SPRBKVS	Complete Straight and V Band Kit (2 Handles and 2 Cuffs)	1
SPRAN2	Handles	2
SPRCUF2	Cuffs	2

For complete list of available products, visit www.aguagevity.com.

Tools and Materials Needed



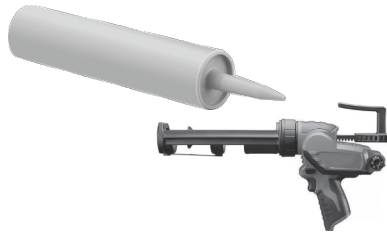
Hammer drill with clutch



2 1/2" diameter concrete core drill bit



Wet/Dry shop vacuum



Anchoring epoxy and Epoxy gun



Hammer and Chisel



Protective equipment
(Safety glasses, gloves, mask)



Metal detection locator
(For detecting rebar)



Marking chalk and Beam leveling tool

Installation

Planning and Layout

Aguagevity Agualock units can be installed with single or double location inserts depending on the intended activities. Refer to the included Workout Guide to determine the best installation location for specific exercises.

IMPORTANT - Units must be installed and remain in the shallow end of the pool.

When choosing the location for the collar(s):

- Use a metal detector to avoid core drilling into rebar.
- Measure and mark the installation locations as per the plans.
- There should never be more than two collars in a vertical line.
- Do not install collars on the curved part of the pool wall.
- **There must be a minimum of 18" between collars** (See Figure 1).
- When collars are installed alongside rebar (See Figure 2), they must
 - Be installed in the center of the rebar grid pattern.
 - Have a MINIMUM 3" of space around each side.
 - Never overlap with rebar.

Figure 1: Dimensions for Double Collar Installation (3'6" Shallow End)

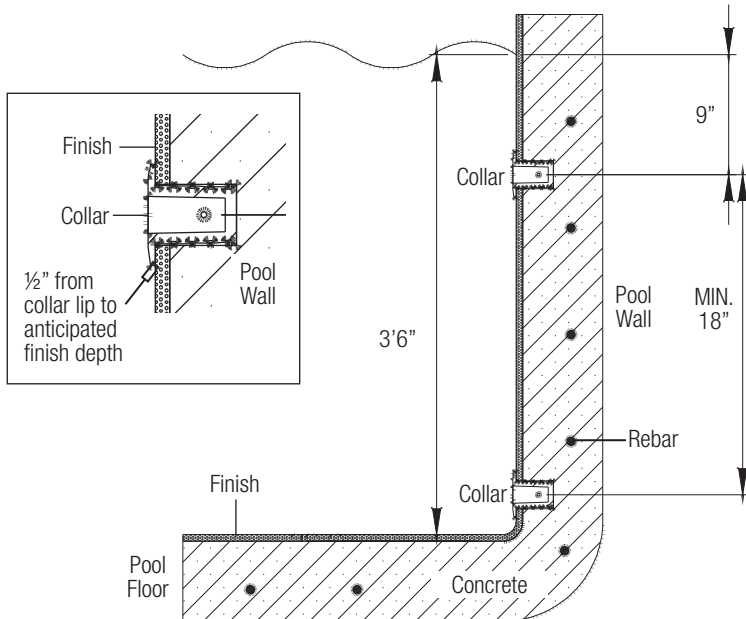
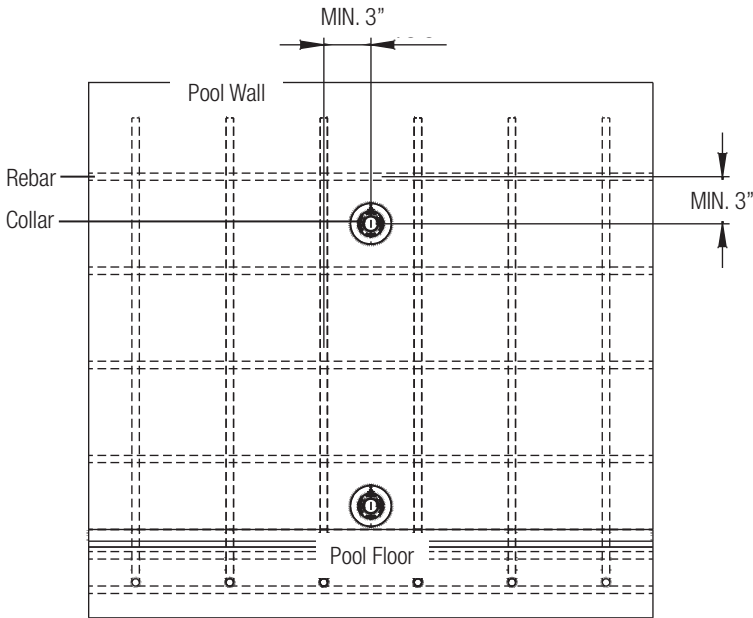


Figure 2: Collar Installation on Pool Wall with Rebar (Front View)



▲ WARNING - Risk of Electrical Shock or Electrocution.

- Do not attempt installation if there is water in the pool.
- Do not use electric tools in damp or wet locations unless they are approved for that purpose.
- Keep work areas well lit when operating electric tools.
- Ensure that cords from electric tools do not present a tripping hazard.
- DO NOT USE portable electric tools that appear to be damaged.
- Use eye protection when operating a drill or using a chisel.

Drilling

1. Drill hole(s) in the desired locations.
 - The hole(s) must be perpendicular to the pool shell wall.
 - The hole(s) must have a depth of approximately 2 ½”.
 - **Any holes must be a minimum of 3” away from rebar** (See Figure 2).

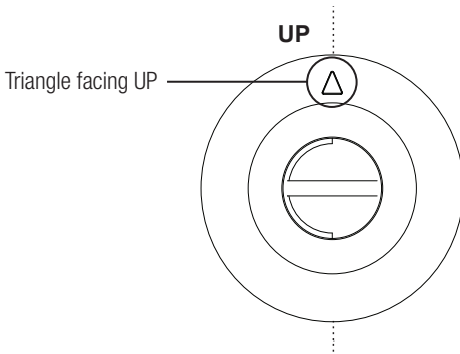
IMPORTANT - If you hit rebar when drilling, stop immediately and refill the hole. Select a new location and drill the hole at the new location. Holes too close to the rebar may allow rust to bleed through and stain the pool surface.

2. Dry fit the collar with the clip anchor properly installed to ensure installation accommodates the final assembly.
3. Remove the clip anchor before proceeding. **Do not epoxy the collar with clip anchor installed.**
4. Chisel imperfections into the hole(s) to reduce interference when inserting the collar.
5. Clean hole(s) thoroughly with a wet/dry shop vacuum.

Collar Installation

1. Inspect the collar and **ensure the pin is centered in the collar** for correct attachment of the clip anchor.
2. To manage rapid setting time, prepare enough epoxy suitable for one unit at a time.
3. Apply epoxy generously to the hole, ensuring epoxy pushes out when inserting the collar.
4. For wall mounting, insert the collar so **the small triangle on the face is facing upwards** (See Figure 3).
5. Set the back of the front lip to the appropriate location for your current pool installation:
 - **New Pool Constructions:** Approximately ½” from the pool shell wall to match the thickness of the intended interior finish (See Figure 1).
 - **Existing Pools:** Push all the way flush to interior finish.
6. Level and align the unit before the epoxy sets, wiping away any excess epoxy for a clean finish.
7. For new pool constructions: Apply vinyl/plaster cover to protect unit during construction.

Figure 3: Perpendicular Alignment



Attaching Accessories Before You Begin

▲ WARNING - To avoid risk of potential serious injury:

- Never release a resistance band while under tension. Doing so can cause the band to snap back towards a user and cause injury.
- Begin all exercises slowly to confirm or ensure band strength. Never jerk the band.
- Inspect bands and handles before every use for any damage such as cuts, nicks, scratches cracks, punctures, excessive age, or anything that may indicate weakening of the band. If any flaws are found, do not use the band and discard it. Do not attempt to repair a compromised or damaged band.
- Never stretch a resistance band more than 2.5 times its length.
- Resistance bands are not toys; they should never be used for any activity other than the exercises for which they were designed.
- Never use a band from outside the pool. The clip anchor could release from the collar and snap back towards the user, causing injury.
- Always attach and use the appropriate handles or cuffs to the bands when exercising. Never hold directly onto the band or clip during exercise.
- Consult page 2 for additional user warnings.

The Aguagevity Agualock system can be used to target specific muscle groups depending on the location of the insert, the type of band and the band attachment. Consult the included Workout Guide for the appropriate accessories for your collar placement and intended exercises.

▲ CAUTION - Only use approved accessories with the Agualock. Accessories not made by Aguagevity may cause staining to your pool and destruction of your pool finish. Aguagevity accessories are made with non-corrosive, non-staining materials that will not harm your pool water quality and or your pool finish.

Accessory Assembly Options

Figure 4: Straight Band with Handle



Figure 5: Straight Band with Cuff



Figure 6: V Band with Handles



Figure 7: V Band with Cuffs



Assembling the Bands

1. Select a straight or V band with either a handle or a cuff.
2. Clip one end of the band to the clip anchor (See Figure 8) and the other end to the handle or cuff (See Figure 9).

Figure 8: Band Clip with Clip Anchor



Figure 9: Band Clip with Cuff



Installing Clip Anchors to the Collars

1. Select desired collar to install clip anchor.
2. Insert the clip anchor into the collar and turn in either direction to align the clip anchor and collar pin.
3. Push to depress spring and turn clockwise. Release to lock (See Figure 10).
4. Ensure the clip anchor is locked in place by turning it in either direction. **The clip anchor should not be able to rotate or be pulled from the collar without being depressed.**

Figure 10: Attaching Clip Anchor to Collar



UNLOCKED



LOCKED

▲ WARNING - Risk of Injury.

- Do not use if the clip anchor does not remain in locked position.
- Ensure the clip anchor is fully inserted and engaged with collar into the locked position.
- Do not leave the product in the pool or out exposed in sun for extended periods as this can lead to material degradation.
- Do not use if product is damaged or shows signs of deterioration as this can pose a risk of injury.

Maintenance

Product Care

▲ WARNING - Failure to follow these care instructions may result in premature wear and tear, reducing the lifespan of the product and increasing the risk of injury.

Pool chemicals and prolonged UV exposure can prematurely degrade the product material and appearance. To ensure longevity and performance of your product, please adhere to the following care instructions:

- Rinse thoroughly with clean water after each use to remove any residual pool chemicals.
- Store indoors in a dry location away from direct sunlight or extreme temperatures.
- Periodically inspect the product for signs of wear or damage.
- Discard and replace the product if damage is detected. Check for wear on the end of the band that connects to the handles.

Winterization

- The collar must either be
 - Above winterized water level.
 - 3 ft. below winterized water level.
 - Filled with a foam plug.
- Consult a local swimming pool professional for proper winterization.
- AT NO TIME should water be removed from the pool without checking ground water tables.

Troubleshooting

Symptom	Problem	Corrective Action
Clip anchor does not fit, rotate, or lock into collar.	Debris in collar preventing clip anchor engagement.	<ul style="list-style-type: none"> Inspect clip anchor and collar for debris. Rinse or flush out debris from clip anchor and collar.
	Clip anchor is broken or damaged.	Replace clip anchor.
	Collar pin is broken or damaged.	Replace collar.
Clip anchor does not remain in locked position. Clip anchor is broken.	Debris in collar preventing clip anchor from reaching full locking position.	<ul style="list-style-type: none"> Inspect clip anchor and collar for debris. Rinse or flush out debris from clip anchor and collar.
	Spring damaged or missing.	Replace clip anchor.
	Collar is broken or damaged.	Replace collar.
Bands do not retract from stretched position.	Band is damaged, broken or worn.	Replace band.

HAYWARD® Pool Products Limited Warranty

Hayward Industries, Inc., warrants the components of this product to be free from defects in materials and workmanship during the warranty period. Please visit <https://hayward.com/support/resources/warranty> for product warranty details.

The limited warranty excludes damage from freezing, negligence, improper installation, improper use or care, Acts of God or as specified in installation and operations manual. Parts that fail or become defective during the warranty period shall be repaired or replaced, at our option.

Proof of purchase is required for warranty service. In the event proof of purchase is not available, the manufacturing date of the product will be the sole determination of the purchase date.

To obtain warranty service, please contact the place of purchase or the nearest Hayward Authorized Service Center. For assistance on your nearest Hayward Authorized Service Center, please visit us at <https://hayward.com/dealerlocator>.

Hayward shall not be responsible for cartage, removal, repair or installation labor or any other such costs incurred in obtaining warranty replacements or repair.

The Hayward Pool products warranty does not apply to components manufactured by others. For such products, the warranty established by the respective manufacturer will apply.

The express limited warranty above constitutes the entire warranty of Hayward Pool Products with respect to its pool products and is in lieu of all other warranties expressed or implied, including warranties of merchantability or fitness for a particular purpose. In no event shall Hayward Pool products be responsible for any consequential, special or incidental damages of any nature.

Some states do not allow a limitation on how long an implied warranty lasts, or the exclusion of incidental or consequential damages, so the above limitation may not apply to you. This warranty gives you specific legal rights, and you may also have other rights, which vary from state to state.

Hayward Industries, 1415 Vantage Park Dr., Suite 400, Charlotte, NC 28203

***Supersedes all previous publications**

Register your product at <https://hayward.com/support/resources/warranty/product-registration>



For further information or consumer
technical support, visit our website at
www.hayward.com



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